

NOVEMBER RESIDENT UPDATE



Homes for Good & COVID-19 Updates

- Governor Brown has issued rules for a **"2 week freeze"** across the state, which includes restaurant and bar closures, limits in-store capacity and caps indoor and outdoor social gatherings at 6 people from two households. COVID-19 cases continue to set records locally and across the country, with many cases being spread through small gatherings with friends and family. Please continue to follow guidance regarding face coverings and social distancing with anyone outside of your household.
- Homes for Good **offices remain closed** and staff will be minimizing client contact during this two week freeze, however staff continue to be available if you need assistance with anything during this time. All staff can be reached by calling our main office at (541) 682-3755 or your site teams direct lines. Maintenance will continue to prioritize urgent and emergency work orders. Paperwork can be mailed or dropped off at our new office at 100 W 13th Ave. or emailed to paperwork@homesforgood.org.
- We have restarted regularly scheduled **Resident Meetings** at all properties in a digital format to allow open lines of communication even during COVID-19 shut downs. Please join your Property Management and Resident Services team to discuss any issues or concerns at your property. Flyers with specific times will be delivered to each site and laptops with internet are available through Resident Services if you need assistance in joining. (541) 682-2580
- Thank you to everyone who took the time to complete the **Resident Survey** that was sent out in August. We received over 260 responses from across our housing sites and we really appreciated both the positive and critical feedback. We are always working to do better and the information you provided was invaluable!
- Contact Tracers are facing challenges of people not responding to calls, which can make slowing the spread very challenging. We encourage you to answer the call if you have been in contact with someone with COVID-19. If you have **questions about COVID-19 or contact tracing**, please call Lane County COVID-19 Call Center at 541-682-1380.
- Homes for Good is working with Lane County Public Health to host **free COVID testing** events at some of our properties and hope that we can offer this at more sites before the end of the year. Resident Services will post information at scheduled sites.
- **Lane County LIHEAP** will be open at the start of every month until the funds are gone. Learn more at www.lanecounty.org/liheap.

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RESOURCES FOR YOU



What's affected by the two-week freeze starting Wednesday, Nov. 18

Gyms and fitness centers	Closed
Indoor and outdoor recreational facilities like museums, pools and zoos	Closed
Venues that host indoor and outdoor events	Closed
Restaurants and bars	Takeout only
Long term care facilities	Outdoor visitations only
Grocery stores, pharmacies, retail stores and malls	Limited to 75% of maximum capacity with curbside pick up encouraged
Offices	Mandate work-from-home to the greatest extent possible and close buildings to the public
Indoor and outdoor social gatherings	No more than 6 people total and no more than 2 households present
Faith based organizations and gatherings	No more than 25 people indoors and 50 people outdoors

The freeze does not change current protocols for personal services (such as barber shops, hair salons, and non-medical massage therapy), congregate homeless sheltering, outdoor recreation and sports, youth programs, childcare, K-12 schools, K-12 sports currently allowed, current Division 1 and professional athletics exemptions, and higher education.

For more information visit healthoregon.org/coronavirus or call 211



Mental Health Moment



ELECTION STRATEGIES

Recognize that the impacts of the election and specific issues will be felt more or less intensely by others.

CHECK IN ON OTHERS
SHOW COMPASSION
MAINTAIN SELF CARE
LIMIT SCREEN TIME
GET OUTDOORS
SEEK PROFESSIONAL HELP IF NEEDED



THANKSGIVING ACTIVITIES AND COVID-19 RISK

LOW RISK

Activities with household members

Household Dinner - Crafts & decorating
Scavenger hunts- Watching sports events, parades, and movies at home

Virtual Activities

Shop online
Participate in a virtual 5k race

Prepare dinner and provide "no contact" delivery for someone at higher risk

Outdoor Small Group Activities -with physical distance and face coverings.

A small outdoor dinner with family and friends who live in your community - Outdoor movie night

Outdoor fall activities with space for physical distancing and mask use enforcement.

Farm Stands or Orchards - small outdoor sports events

Shopping during off-peak hours where physical distance can be maintained.

MODERATE RISK

HIGH RISK

Traveling outside the area you live in

Indoor Group Activities

Large dinners, parties, in person football watching - especially with those from outside of your household or local community

Shopping in crowded stores

Outdoor Activities where physical distance cannot be maintained

Hayrides or tractor rides with people who are not in your household where face coverings are worn
Participating or being a spectator at a crowded race where space cannot be maintained

Using alcohol or drugs

Which can cloud judgement and increase risky behaviors



PROJECT HEALTH

Want to improve your eating or exercise habits?

Would you like to receive \$175?



Young adults aged 17-20 are invited to participate in *Project Health*, a paid research study. Participants will take part in 6 weeks of group lifestyle coaching sessions or educational videos designed to help young adults address current weight concerns and prevent unhealthy weight gain.



For more information and to see if you're eligible, visit

www.ProjectHealthORI.com



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HOLIDAY RESOURCES 2020



S.A.N.T.A. Project (Sharing Among Neighbors Toy Appeal)/Proyecto S.A.N.T.A.

(541) 935-3282 Veneta Elementary 88131 Territorial Hwy, Veneta

Call and ask or visit their Facebook group:

<https://www.facebook.com/groups/venetacommunitynetwork>

Cottage Grove Tree of Joy/ Árbol de la Alegría (541) 942-2176

1440 Birch Ave., Cottage Grove

Starting November 9th applications will be taken for the annual Holiday Food Box and Tree of Joy programs.

Toys for Tots/Juguetes para Niños.

www.toysfortots.org

Toys for children up to age 13. Requirements: Proof of Lane County residency, proof that the child lives with you, and proof of child's age is needed. We strongly suggest you do not bring children with you. Tickets are issued to minimize the wait time but are not required to receive toys on the dates of the distribution.

Eugene/Springfield Toy Distribution Site: 2525 Martin Luther King Jr. Blvd. Eugene

Oakridge Toy Distribution Site: Oakridge Fire Station, 47592 OR-58, Oakridge

Cottage Grove Distribution Site: Cottage Grove Fire Station, 233 E Harrison Ave.

Florence Distribution Site: 2625 US – 101 Florence, OR

Food for Lane County/Comida del Condado de Lane (541) 343-2822

<https://foodforlanecounty.org/find-a-food-pantry/>

Call for nearest food box distribution site. Llame para información sobre la distribución de cajas de alimentos y la ubicación más cercana a usted.

Burrito Brigade (541) 556-5051

<https://burritobrigade.org/eugene-food-pickup>

Food Pantry Hours: Monday – Thursday 4 p.m. – 6 p.m. You can pick up a free food box at Sunrise Christian Church, 1300 Irvington Drive Eugene, OR 97404.

Catholic Community Services (CCS) /Servicios Católicos Comunitarios (541) 345-3628

<https://www.ccslc.org/>

Eugene Site: 1464 West 6th Avenue, Eugene; Regular office hours: 8 a.m. to 3 p.m.

The Food Pantry opens to the public on November 1st and will be open Monday, Wednesday & Friday from 8:00 a.m. to 12:00 p.m. In response to COVID-19, pre-made bags of food are available. The building is closed to the public on Tuesdays and Thursdays, but staff are available via phone.

Cottage Grove Community Sharing Holiday Food Box/Cajas de Comida Festival

(541) 942-2176 1440 Birch Ave., Cottage Grove

https://communitysharing.org/?page_id=681

Starting November 9th applications will be taken for the annual Holiday Food Box and Tree of Joy programs. Applications will be taken November 9th - November 25th. Food box distribution will be at Trinity Lutheran Church from 1 p.m. to 6 p.m. on December 21st.

A great list of COVID-19 resources can be found at White Bird's website at: <https://whitebirdclinic.org/covid>

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PREPPING FOR WINTER



1



Residents in single family homes and duplexes are responsible for snow and ice removal

2



Do not use hot water to defrost windshields. It may create hazardous ice on the ground.

3



Leave a trickle of water running and cabinet doors open beneath your bathroom and kitchen sinks to allow warm air to reach the pipes when temperatures are below freezing to prevent pipes from freezing.

4



Keep the heat set at 65 degrees or warmer in your unit. It is a lease violation to not heat your home adequately.

5



Turn off water to your unit and contact us immediately, if pipes do freeze. Do not try to thaw them yourself.

6



Clean heater grills and keep furniture a minimum of 12" away from all heat sources.

7



Disconnect hoses and use an insulated cover, if you have an outside faucet. If hoses are not disconnected, the faucet may freeze and leak inside your unit, causing water damage.

8



Do not use your oven or stove for heat.

9



Always keep extra food, water, prescription medication, flashlights, and other emergency supplies on hand.

10



For maintenance emergencies, like frozen or burst pipes, no heat, and fallen tree limbs, please call our emergency work order line at 541-682-4090 during business hours (8 AM-4 PM, Monday through Thursday) or 541-359-8874 after hours.

11



If you're going to be away from your home during freezing weather, please let your Property Manager know. Do not set your heat below 65 degrees.

12



For power outages, please call your utility company.

13



Do not use propane or kerosene heaters and lanterns inside your unit. Do not use any bbq's inside your unit.

14



Use flashlights or battery-operated lanterns. Only use candles as a last resort, never leaving them unattended or within reach of small children and pets.

Tenant Winter Responsibilities





Winter Preparation Tips

- As the cooler weather returns, it is an especially important time to take precautions to prevent moisture or condensation build up in your unit. Please do not block vents, keep the heat set to 65 degrees Fahrenheit or warmer in your unit, do not block air flow that promotes growth of mold/mildew and other moisture damage, ensure that all furniture, drapes and all other objects at least 12 inches from baseboard or wall heating units and wipe down your window seals regularly.
- Due to COVID-19, Homes for Good has postponed all Preventive Maintenance Inspections until further notice. As a reminder, if you have a ductless heat pump, please clean the filters once a month. Instructions on how to clean your filters can be found on the Homes for Good website (www.homesforgood.org/services-for-residents/resident-toolkit/resident-tips-and-videos#)
- Please call our work order line at 541-682-4010 to request any needed repairs. We ask that residents practice social distancing and wear a face covering if remaining in the unit while maintenance work is being completed. Staff can offer a mask if residents do not have one available.

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