

RESIDENT UPDATE - APRIL 20, 2020



Homes for Good staff continue to focus on maintaining a continuity of service, providing critical information throughout this emergency, and connecting residents to essential services. We recognize the incredible stress and anxiety that many of you may be experiencing during this time, and we want you to know that your housing stability and your health are our first priorities. We encourage residents to take care of themselves and to reach out for help if they need it. See the attached tips for managing stress during this time, and other resources that may be helpful.

Homes for Good Updates:

- Homes for Good **offices remain closed**, however staff continue to be available for essential services and can be reached at (541) 682-3755. Emergency Work orders can be called in to (541) 359-8874.
- **Resident Services staff** have coordinated with local schools to offer **lunch delivery** to a few sites daily, and are working to get food to those that need it. Please check with your Resident Services team for delivery times or if you are in need of food or other resources.
- Remember to **update your Housing Specialist** if you are in a subsidized housing program and have had a change of income so we can adjust your rent accordingly.
- Economic Impact Payments (also known as Stimulus Checks) and the temporary \$600 increase in unemployment insurance provided by the CARES Act **do not need to be reported** to Homes for Good as they are not included in calculations of income.
- If you were unable to pay rent on-time this month due to job loss, reach out to Amber at (541) 682-2534 to **set up a payment plan**, or for any balance owing. Reach out to Resident Services if you need help connecting to community resources such as unemployment.

COVID-19 Important Updates:

- The Governor's order to **Stay Home. Save Lives.** is still in affect, and residents should continue to follow the guidance provided and maintain at least a 6-foot distance from others when leaving their home. They are currently anticipating that this order will stay in affect for at least the next couple weeks.
- Tax deadline has been extended until July 15, 2020 but remember that if you did not file a return in 2018, you will need to file for 2019 **in order to receive your Economic Impact Payment** (unless you receive Social Security, SSDI or Railroad benefits). Learn more or **complete the non-filers form** at:
<https://www.irs.gov/coronavirus/economic-impact-payments>.
- The CDC is now recommending that everyone should **wear a face covering (scarf or hand made mask) when in public** to reduce the spread of the virus by asymptomatic people. Some local agencies such as LTD are now requiring a mask when accessing services. See attached instructions for how to make your own mask out of a bandanna.

Thank you for helping us keep our properties safe!

Homes for Good Team

Homes. People. Partnerships. Good.

RESOURCES FOR YOU



FOOD FOR LANE COUNTY

541-343-2822

DRIVE-UP FOOD DISTRIBUTION

All distributions run from 4:30 pm to 6:30 pm

Free food for low-income households.

Please stay in your vehicle.

People arriving on foot will be served.

Keep 6' of space between others at all times.

In partnership with the NAACP Eugene-Springfield & Willamalane Parks & Recreation District.

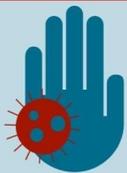
FOOD for Lane County is an equal opportunity provider.



Free Library Services

Free access to online library services! Everyone living in or around Eugene can have a library card while our buildings are closed. If your Eugene Public Library card has expired or has been blocked, if you don't have a card, or if you live in the Eugene area but outside the city limits: call us at 541-682-5450 (for Spanish mark 5).

Federal Economic Impact Payments



WATCH FOR SCAMS

The government will not ask you to pay anything up front to get this money. No fees. No charges. No nothing.

The government will not call and ask for your social security number, bank account or credit card number. Anyone who does is a scammer.

[IRS.GOV/CORONAVIRUS](https://www.irs.gov/coronavirus)



**MORE RESOURCES CAN BE FOUND ON OUR COVID-19 PAGE ON OUR WEBSITE:
WWW.HOMESFORGOOD.ORG/ABOUT/NEWS/COVID-19**



EUGENE

Tuesdays

NAACP Historic Mims' House

330 High Street

Park at Campbell Center, 155 High St.



COTTAGE GROVE

Wednesdays

Cottage Grove Community Center

700 E. Gibbs Ave., Cottage Grove



SPRINGFIELD

Thursdays

Willamalane Bob Keefer Sports Complex

250 S. 32nd St., Springfield



OAKRIDGE

Fridays

Oakridge High School

47997 W. 1st St., Oakridge



If you are in need of assistance accessing food or other resources, please contact Resident Services at (541) 682-2580

White Bird Crisis Line

(541) 687-4000

National Suicide Hotline

1-800-273-8255

Senior Loneliness Hotline

(503) 200-1633

Domestic Violence Hotline

(541) 485-6513

Youth Crisis Hotline

(541) 689-3111

Homes. People. Partnerships. Good.

RESOURCES FOR YOU



Face Covering Do's and Don'ts:

DO:

- ✓ Make sure you can breathe through it
- ✓ Wear it whenever going out in public
- ✓ Make sure it covers your nose and mouth
- ✓ Wash after using

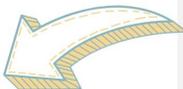
DON'T:

- ✗ Use if under two years old
- ✗ Use surgical masks or other PPE intended for healthcare workers



cdc.gov/coronavirus







Bandana + 2 hair ties



Fold in sides into middle



Fold sides into middle again



Put ends of bandana into hair ties



Fold both ends into middle



Mask done!



Coping with stress during the 2019-nCoV outbreak



It is normal to feel sad, stressed, confused, scared or angry during a crisis. Talking to people you trust can help. Contact your friends and family.

If you must stay at home, maintain a healthy lifestyle - including proper diet, sleep, exercise and social contacts with loved ones at home and by email and phone with other family and friends.





Don't use smoking, alcohol or other drugs to deal with your emotions. If you feel overwhelmed, talk to a health worker or counsellor. Have a plan, where to go to and how to seek help for physical and mental health needs if required.

Get the facts. Gather information that will help you accurately determine your risk so that you can take reasonable precautions. Find a credible source you can trust such as WHO website or, a local or state public health agency.





Limit worry and agitation by lessening the time you and your family spend watching or listening to media coverage that you perceive as upsetting.

Draw on skills you have used in the past that have helped you to manage previous life's adversities and use those skills to help you manage your emotions during the challenging time of this outbreak.



DO ✓	DON'T ✗
Enjoy the outdoor areas of your home.	Don't participate in group sports.
Enjoy physical activities solo or with members of your household (e.g. walking, biking).	Don't visit crowded or closed parks.
Have a virtual picnic with friends.	Don't attend social gatherings.
Open doors and windows to get fresh air.	Don't go out if you're sick.
Get things done at home (e.g. gardening, car washing).	Don't travel.


REMEMBER: Keep a safe physical distance of at least six feet from people you do not live with and wash your hands regularly.
KEEP YOUR DISTANCE, DO YOUR PART